beconnected
CONNECT EVERY VETERAN

Coaching Into Connection

For Arizona service members, veterans & their family members



The Be Connected® Coaching Into Connection program is here to support Arizona service members, veterans, and their family members.

Would you like to be more connected but don't know where to start? Does it feel too overwhelming to try new things alone? Do you wish you had someone to help you strengthen your support/ social network?

60%
of Americans feel lonely. Social isolation & disconnectedness is common. If you or someone you care about feels disconnected, Be Connected can help.

Our Connection Coaches are military veterans who work with participants to:

- Identify opportunities for connection to family, friends, and community.
- Create a personalized connection plan according to the participant's interests (e.g., recreational activities, community events, sports, hobbies, support groups, spirituality, volunteering, and learning opportunities).
- Address any barriers to connection (e.g., transportation and cost).
- Explore new opportunities for connection.

Services are available statewide at no cost to participants.

Interested in Coaching Into Connection for you or someone you know? Complete a referral form or call 866-429-8387. They will help determine the best combination of services for your situation.

Complete a Coaching Into Connection Referral Form: ConnectVeterans.org/Referral

Questions? Please email non-urgent questions to: RiskReduction@ArizonaCoalition.org

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AZ ARIZONA DEPARTMENT OF VETERANS' SERVICES

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