

# Military/Veteran Helper Training

*Military Culture | Upstream Prevention  
C.A.R.E Model | Resource Navigation*

The Be Connected Community Corps equips community members in Arizona with the knowledge, skills, and confidence to provide support and resource connection to service members, veterans, and their families.

Monday, Dec, 9 2024  
09:00 am - 01:00 pm

Arizona State Veteran  
Home  
2100 N. Gemini Rd  
Flagstaff, Arizona 86004

*Directions and parking information  
will be emailed to registered  
participants.*

By attending this training, you will become a part of the **Be Connected Community Corps** and receive ongoing support for your role as a helper from the Be Connected team. Our collective goal is to **extend upstream support** to all who serve and their families, **improve social determinants of health** and **reduce the overall suicide rate** in Arizona's veteran population.

## Join us to learn about:

- ✓ Arizona's military & veteran population and risk factors
- ✓ Tools to use as a community helper
- ✓ Who to call when someone is in need of further help
- ✓ The importance of self-care as a helper
- ✓ The **Be Connected Ecosystem of Support** and how to tap into it for yourself as a helper and for those you are helping



Registration is required. Register online by Dec 6

Register now : [bit.ly/BCCCHelperEventbrite](https://bit.ly/BCCCHelperEventbrite)

Lunch will be provided for training attendees.

*There is no cost to participants for this training. Assistance with mileage may be available if the participant would otherwise be unable to attend. Please contact the event team for more information.*



Questions? Email [BCCC@arizonacoalition.org](mailto:BCCC@arizonacoalition.org)