



# 2021

## Arizona Veteran Survey

### Full Report

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# About the Survey

The 2021 Arizona Veteran Survey was conducted by the Arizona State University College of Health Solutions (ASU CHS) and the Arizona Coalition for Military Families (ACMF), on behalf of our public and private sector partners. The 2021 survey received nearly 8,000 submissions, including respondents from all 15 counties.

This was the third iteration of the Arizona Veteran Survey, which is conducted every two years. Across the three surveys, over 25,000 responses have been received. The 2021 survey was developed based on questions from the prior iterations and incorporated new questions relevant to the findings from the preceding survey. The 2021 survey included the following sections:

- **Demographics**
- **Physical & Mental Health**
- **Injuries & Disabilities**
- **Housing & Lifestyle**
- **Family & Social Supports**
- **Stressors & Suicide**
- **Substance Use & Treatment**
- **Legal Issues**
- **Education**
- **Employment**

All service members, veterans, family members, and community members were invited to take

the online survey. The 2021 survey was distributed via a link embedded in emails sent out by community partners and ACMF. The link directed participants to an online survey platform. As with the prior iterations, the survey was voluntary and anonymous.

The purpose of these Arizona Veteran Surveys is to gain insight into the needs of Arizona's military and veteran population to continue to assess current programming and to improve the care and resources available. Survey responses were filtered, analyzed, and interpreted by the ASU CHS research team. The results for each question are based on the participants that responded to the question and do not account for the participants that skipped the question.

Information collected in this survey is being used to make recommendations for suicide prevention strategies and to help identify the needs of these populations and communities to influence and aid in the implementation of programs to help reduce disparities in suicide rates. This summary document provides a snapshot of the data provided by survey participants.

[ConnectVeterans.org/Survey](https://ConnectVeterans.org/Survey)



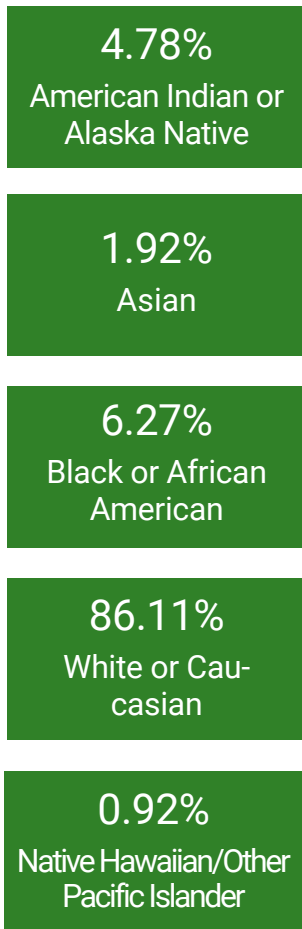
# DEMOGRAPHICS

County	Percent of 2021 Survey Respondents by County	Percent of Arizona Veteran Population by County
Apache	1.92%	0.65%
Cochise	6.23%	3.77%
Coconino	1.97%	1.38%
Gila	1.21%	1.10%
Graham	0.81%	0.36%
Greenlee	0.39%	0.11%
La Paz	0.62%	0.58%
Maricopa	43.91%	51.61%
Mohave	2.68%	5.10%
Navajo	1.74%	1.48%
Pima	22.80%	17.39%
Pinal	7.96%	7.56%
Santa Cruz	0.65%	0.33%
Yavapai	3.00%	5.43%
Yuma	3.06%	3.17%
N/A	1.03%	-

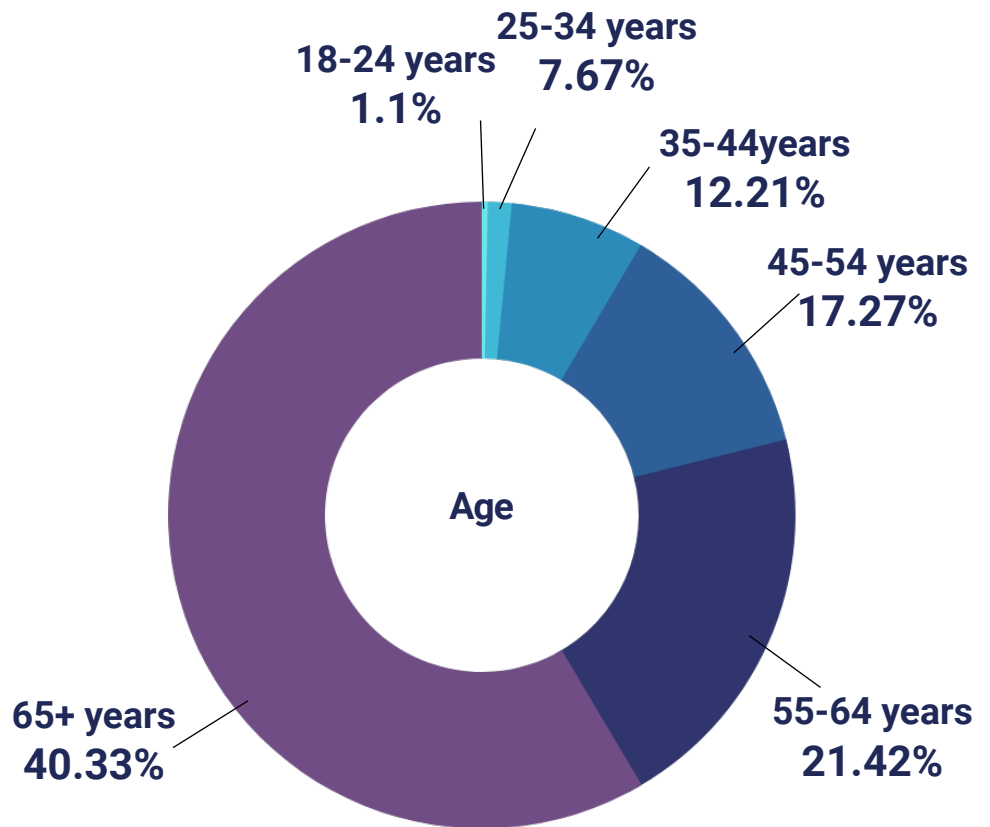
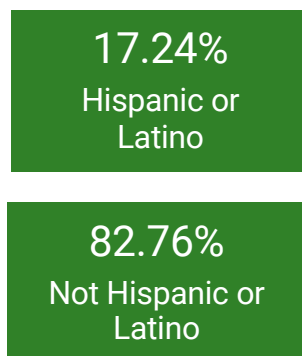
Respondent	Percent of 2021 Survey Respondents by Type of Respondent
Service Member	2.86%
Veterans	73.28%
Family Members	17.50%
Community Helpers	6.36%

# DEMOGRAPHICS

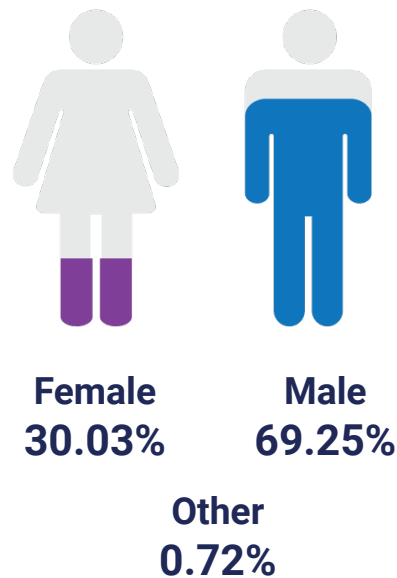
## Race



## Ethnicity



## Gender



# BASIC NEEDS

## Veteran Respondents

- ✓ Veteran respondents with lack of transportation reported that this kept them from the following in the past 12 months (could select more than one option):
  - **26.01% Work**
  - **10.47% School**
  - **28.65% Medical Appointments**
  - **41.55% Store (Groceries, pharmacy, etc.)**
  - **42.57% Leisure Activities**
  - **34.63% Family/Friends**
  - **8.28% Other**
- ✓ **7.37%** of veteran respondents could use or need more help with day-to-day activities such as bathing, preparing meals, shopping, managing finances, etc.
- ✓ **20.44%** of veteran respondents with children have problems with getting child care.
- ✓ Veteran respondents' household impacts due to COVID-19:
  - **18.05% Difficulty Accessing Essentials Like Food, Medical Care, etc. (i.e., no transportation, can't go stores, etc.)**
  - **11.51% Difficulty Meeting Basic Needs**
  - **7.69% Housing Insecurity**
  - **60.32% Illness of Family Member**
  - **46.98% Illness of Self**
  - **10.15% Job Loss**
  - **18.73% Reduction in Hours/Income**
  - **10.88% Unemployment**

## Service Member Respondents

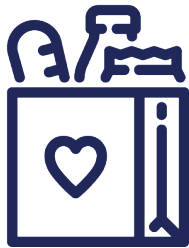
- ✓ Service member respondents with lack of transportation reported that this kept them from the following in the past 12 months (could select more than one option):
  - **16.87% Work**
  - **21.69% School**
  - **24.1% Medical Appointments**
  - **25.3% Store (Groceries, pharmacy, etc.)**
  - **16.87% Leisure Activities**
  - **12.05% Family/Friends**
  - **10.84% Other**
- ✓ **12.91%** of service member respondents could use or need more help with day-to-day activities (bathing, preparing meals, shopping, managing finances, etc.)
- ✓ **37.93%** of service member respondents with children have problems with getting child care.
- ✓ Service member respondents' household impacts due to COVID-19:
  - **17.17% Difficulty Accessing Essentials Like Food, Medical Care, etc. (i.e. no transportation, can't go to stores, etc.)**
  - **16.16% Difficulty Meeting Basic Needs**
  - **17.17% Housing Insecurity**
  - **51.52% Illness of Family Member**
  - **48.48% Illness of Self**
  - **18.18% Job Loss**
  - **21.21% Reduction in Hours/Income**
  - **13.13% Unemployment**

# BASIC NEEDS

## Family Member Respondents

- ✓ Family member respondents with lack of transportation reported that this kept them from the following in the past 12 months (could select more than one option):

- **21.43% Work**
- **7.14% School**
- **23.31% Medical Appointments**
- **20.3% Store (Groceries, pharmacy, etc.)**
- **27.07% Leisure Activities**
- **20.68% Family/Friends**
- **1.88% Other**



- ✓ **7.06%** of family member respondents could use or need more help with day-to-day activities (bathing, preparing meals, shopping, managing finances, etc.)
- ✓ **17.5%** of family member respondents with children have problems with getting child care.

- ✓ Family member respondents' household impacts due to COVID-19:
  - **15.56% Difficulty Accessing Essentials Like Food, Medical Care, etc. (i.e. no transportation, can't go to stores, etc.)**
  - **16.28% Difficulty Meeting Basic Needs**
  - **7.69% Housing Insecurity**
  - **71.2% Illness of Family Member**
  - **46.51% Illness of Self**
  - **14.13% Job Loss**
  - **24.69% Reduction in Hours/Income**
  - **15.03% Unemployment**

# EMPLOYMENT

## Veteran Respondents

- ✓ **2.23%** of veteran respondents report that they were not employed but were looking for employment.
- ✓ Of the veteran respondents who are currently employed:
  - **63.06% feel their position is stable.**
  - **42.64% feel they have the training and education needed for their job and career interests.**
  - **48.35% feel they have the job search skills for finding a new position if needed.**
  - **47.15% feel they have opportunities for position advancement with their current company.**
  - **37.59% feel they have opportunities for pay advancement.**
  - **32.33% feel their career path is clear.**
- ✓ Veteran respondents' 3 most commonly cited barriers to looking for employment were:
  - 1. Bias due to age**
  - 2. Overqualified**
  - 3. Pay or benefits not sufficient to make a living**

## Service Member Respondents

- ✓ Of the service member respondents who are currently employed :
  - **60.16% feel their position is stable.**
  - **43.09% feel they have the training and education needed for their job and career interests.**
  - **37.4% feel they have the job search skills for finding a new position if needed.**
  - **58.54% feel they have opportunities for position advancement with their current company.**
  - **39.02% feel they have opportunities for pay advancement.**
  - **43.09% feel their career path is clear.**
- ✓ Service member respondents' 3 most commonly cited barriers to looking for employment were:
  - 1. Pay or benefits not sufficient to make a living**
  - 2. Lack of quality jobs available**
  - 3. Overqualified**





# EMPLOYMENT

## Family Member Respondents

- ✓ **1.43%** of family member respondents report that they were not employed but were looking for employment.
- ✓ Of the family member respondents who are currently employed:
  - **64.92% feel their position is stable.**
  - **45.29% feel they have the training and education needed for their job and career interests.**
  - **53.66% feel they have the job search skills for finding a new position if needed.**
  - **58.9% feel they have opportunities for position advancement with their current company.**
  - **33.77% feel they have opportunities for pay advancement.**
  - **29.32% feel their career path is clear.**



- ✓ Family member respondents' 3 most commonly cited barriers to looking for employment were:
  - 1. Pay or benefits not sufficient to make a living**
  - 2. Overqualified**
  - 3. Lack of quality jobs available**

# FAMILY & SOCIAL SUPPORTS

## Veteran Respondents

- ✓ Veterans respondents feel like they have a support system:

- **73.47% Yes**
- **5.48% No**
- **19.6% Somewhat**
- **1.46% Unsure**

- ✓ Top 3 sources veteran respondents turn to for support when they have a problem:

- 1. Family**
- 2. Friends**
- 3. Fellow military service members/  
veterans**

- ✓ **34.89%** of veteran respondents reported feeling lonely or isolated from people around them sometimes, most of the time, or always.

- ✓ **17.29%** of veteran respondents have minor children living in the home.

- ✓ **23.62%** of veteran respondents reported that they are a caregiver to someone in their life.



## Service Member Respondents

- ✓ Service member respondents feel like they have a support system:

- **76.4% Yes**
- **7.45% No**
- **12.42% Somewhat**
- **3.73% Unsure**

- ✓ Top 3 sources service member respondents turn to for support when they have a problem:

- 1. Family**
- 2. Friends**
- 3. Fellow military service members/  
veterans**

- ✓ **36.31%** of service member respondents reported feeling lonely or isolated from people around them sometimes, most of the time, or always.

- ✓ **56.13%** of service member respondents have minor children living in the home.

- ✓ **29.45%** of service member respondents reported that they are a caregiver to someone in their life.

# FAMILY & SOCIAL SUPPORTS

## Family Member Respondents

- ✓ Family member respondents feel like they have a support system:

- **77.08% Yes**
- **5.63% No**
- **16.5% Somewhat**
- **0.79% Unsure**

- ✓ Top 3 sources family member respondents turn to for support when they have a problem:

- 1. Family**
- 2. Friends**
- 3. Coworkers**



- ✓ **32.34%** of family member respondents reported feeling lonely or isolated from people around them sometimes, most of the time, or always.
- ✓ **35.71%** of family member respondents have minor children living in the home.
- ✓ **38.36%** of family member respondents reported that they are a caregiver to someone in their life.

# FINANCES & BENEFITS

## Veteran Respondents

- ✓ Veteran respondents had difficulty accessing or paying for the following in the past 12 months (Could select more than one option):
  - **46.72% Utilities (Electric, Gas, Oil, Water)**
  - **45.88% Rent/Mortgage**
  - **42.52% Food**
  - **23.45% Healthcare (Physical or Mental Health)**
  - **31.01% Transportation**
  - **7.48% Childcare**
  - **20.5% Medication**
  - **33.61% Phone/Internet**
  - **14.29% Other Expenses for Children or Dependents**
  - **9.16% Other**
- ✓ **74.5%** of veteran respondents use VA healthcare or VA community care.
- ✓ **39.89%** of veteran respondents receive all of their health care through the VA.
- ✓ Veteran respondents have the following health care coverage (could select more than one option):
  - **TRICARE/TRICARE for Life (24%)**
  - **Indian Health Services and/or tribal funded services (1.61%)**
  - **Medicare (41.25%)**
  - **AHCCCS/Medicaid (2.57%)**
  - **Employer-provided health insurance (26.07%)**
  - **Individual/family health insurance via Marketplace or independently (7.02%)**
  - **Other (3.82%)**

- ✓ **1.46%** of veteran respondents reported that they do not have access to health care coverage or services at this time.



## Service Member Respondents

- ✓ Service member respondents had difficulty accessing or paying for the following in the past 12 months (Could select more than one option):
  - **35.37% Utilities (Electric, Gas, Oil, Water)**
  - **32.93% Rent/Mortgage**
  - **29.27% Food**
  - **32.93% Healthcare (Physical or Mental Health)**
  - **29.27% Transportation**
  - **20.73% Childcare**
  - **17.07% Medication**
  - **20.73% Phone/Internet**
  - **17.07% Other Expenses for Children or Dependents**
  - **10.98% Other**
- ✓ **54.26%** of service member respondents use VA healthcare or VA community care.
- ✓ **27.42%** of service member respondents receive all of their health care through the VA.

# FINANCES & BENEFITS

## Service Member Respondents cont.

- ✓ Service member respondents have the following health care coverage (could select more than one option):
  - **TRICARE/TRICARE for Life (42.47%)**
  - **Indian Health Services and/or tribal funded services (17.74%)**
  - **Medicare (20.43%)**
  - **AHCCCS/Medicaid (4.30%)**
  - **Employer-provided health insurance (36.02%)**
  - **Individual/family health insurance via Marketplace or independently (3.76%)**
  - **Other (2.15%)**
- ✓ **1.08%** of service member respondents reported that they do not have access to health care coverage or services at this time.



## Family Member Respondents

- ✓ **4.34%** of family member respondents reported that they do not have access to health care coverage or services at this time.

- ✓ Family member respondents had difficulty accessing or paying for the following in the past 12 months (could select more than one option):
  - **45.48% Utilities (Electric, Gas, Oil, Water)**
  - **49.32% Rent/Mortgage**
  - **41.37% Food**
  - **26.58% Healthcare (Physical or Mental Health)**
  - **22.19% Transportation**
  - **10.14% Childcare**
  - **21.92% Medication**
  - **32.6% Phone/Internet**
  - **16.44% Other Expenses for Children or Dependents**
  - **6.58% Other**
- ✓ **12.41%** of family member respondents use VA healthcare or VA community care.
- ✓ Family member respondents have the following health care coverage (could select more than one option):
  - **TRICARE/TRICARE for Life (11.15%)**
  - **Indian Health Services and/or tribal funded services (2.39%)**
  - **Medicare (9.29%)**
  - **AHCCCS/Medicaid (4.87%)**
  - **Employer-provided health insurance (69.56%)**
  - **Individual/family health insurance via Marketplace or independently (4.69%)**
  - **Other (3.63%)**

# HIGHER EDUCATION

## Veteran Respondents

### Level of Education of Veteran Respondents

Advanced status degree (e.g., M.D., Ph.D., J.D, Ed.D.)	3.24%
Master's degree	16.17%
Bachelor's degree	25.86%
Associate's or technical degree	27.82%
High school diploma or equivalent	26.03%
Did not complete high school	0.89%

- ✓ **8.86%** of veteran respondents reported that they were currently enrolled in a training or college program.
- ✓ **48.71%** of veteran respondents have used the GI Bill.

## Service Member Respondents

### Level of Education of Service Member Respondents

Advanced status degree (e.g., M.D., Ph.D., J.D., Ed.D.)	3.42%
Master's degree	15.07%
Bachelor's degree	28.77%
Associate's or technical degree	19.86%
High school diploma or equivalent	26.71%
Did not complete high school	6.16%

- ✓ **47.88%** of service member respondents reported that they were currently enrolled in a training or college program.
- ✓ **32%** of service member respondents have used the GI Bill.

# HIGHER EDUCATION

## Family Member Respondents

### Level of Education of Family Member Respondents

Advanced status degree (e.g., M.D., Ph.D., J.D., Ed.D.)	3.83%
Master's degree	13.63%
Bachelor's degree	29.73%
Associate's or technical degree	23.87%
High school diploma or equivalent	28.27%
Did not complete high school	0.68%

- ✓ 11.77% of family member respondents reported that they were currently enrolled in a training or college program.
- ✓ 5.45% of family member respondents have used the GI Bill.



# HOUSING & HOMELESSNESS

## Veteran Respondents

- ✓ **6.7%** of veteran respondents reported concerns about losing their current housing and **4.19%** reported they were currently without a steady place to live.
- ✓ **16.51%** of veteran respondents reported experiencing homelessness at least once in their lifetime.
- ✓ Veteran respondents' current housing:
  - **78.7% Homeowner**
  - **14.48% Renter**
  - **0.37% Barracks/Military Housing**
  - **0.88% Subsidized Housing (e.g. Section 8, HUD VASH)**
  - **2.77% Living with Friends and/or Family (Not a Temporary Situation)**
  - **0.99% In Temporary Housing (Living with Friends/Family, Shelter, Transitional Housing, etc.)**
  - **0.18% No Housing**
  - **1.64% Other**
- ✓ **57.39%** of veteran respondents reported that they keep firearms in or around their home.
- ✓ **51.04%** of veteran respondents who reported that they keep firearms in or around their home also reported that they are loaded.
- ✓ **74.51%** of veteran respondents who reported that they keep loaded firearms in or around their home also reported that they are unlocked.

## Service Member Respondents

- ✓ **15.57%** of service member respondents reported concerns about losing their current housing and **0.99%** reported they were currently without a steady place to live.
- ✓ **21.09%** of service member respondents reported experiencing homelessness at least once in their lifetime.
- ✓ Service member respondents' current housing:
  - **50% Homeowner**
  - **22.15% Renter**
  - **6.33% Barracks/Military Housing**
  - **5.06% Subsidized Housing (e.g. Section 8, HUD VASH)**
  - **10.76% Living with Friends and/or Family (Not a Temporary Situation)**
  - **3.8% In Temporary Housing (Living with Friends/Family, Shelter, Transitional Housing, etc.)**
  - **0% No Housing**
  - **1.9% Other**
- ✓ **62.8%** of service member respondents reported that they keep firearms in or around their home.
- ✓ **48.54%** of service member respondents who reported that they keep firearms in or around their home also reported that they are loaded.
- ✓ **82%** of service member respondents who reported that they keep loaded firearms in or around their home also reported that they are unlocked.



# HOUSING & HOMELESSNESS

## Family Member Respondents

- ✓ **7.3%** of family member respondents reported concerns about losing their current housing and **1.31%** reported they were currently without a steady place to live.
- ✓ **17.76%** of family member respondents reported experiencing homelessness at least once in their lifetime.
- ✓ Family member respondents' current housing:
  - **67.04% Homeowner**
  - **23.88% Renter**
  - **0.56% Barracks/Military Housing**
  - **0.84% Subsidized Housing (e.g. Section 8, HUD VASH)**
  - **4.96% Living with Friends and/or Family (Not a Temporary Situation)**
  - **1.78% In Temporary Housing (Living with Friends/Family, Shelter, Transitional Housing, etc.)**
  - **0.19% No Housing**
  - **0.75% Other**
- ✓ **38.92%** of family member respondents who reported that they keep firearms in or around their home also reported that they are loaded.
- ✓ **69.8%** of family member respondents who reported that they keep loaded firearms in or around their home also reported that they are unlocked.



- ✓ **50.98%** of family member respondents reported that they keep firearms in or around their home.

# LEGAL

## Veteran Respondents

- ✓ **8.87%** of veteran respondents have concerns about legal issues.
  - Of the veterans experiencing legal issues, **67.53%** are misdemeanors and **32.47%** are felonies.
- ✓ The 3 most common civil legal issues veteran respondents are experiencing:
  - 1. Benefits**
  - 2. Family Law**
  - 3. Divorce**
- ✓ **12.07%** of veteran respondents have been incarcerated.
- ✓ **3.07%** of veteran respondents have been involved in a veterans court.

## Service Member Respondents

- ✓ **20.95%** of service member respondents have concerns about legal issues.
  - Of the service members experiencing legal issues, **83.32%** are misdemeanors and **16.68%** are felonies.
- ✓ The 3 most common civil legal issues service member respondents are experiencing:
  - 1. Landlord/Tenant (tie)**
  - 2. Divorce (tie)**
  - 3. Family Law**
- ✓ **17.01%** of service member respondents have been incarcerated.
- ✓ **8.84%** of service member respondents have been involved in a service members court.

## Family Member Respondents

- ✓ **7.54%** of family member respondents have concerns about legal issues.
  - Of the family members experiencing legal issues, **94.74%** are misdemeanors and **5.26%** are felonies.
- ✓ The 3 most common civil legal issues family member respondents are experiencing:
  - 1. Divorce**
  - 2. Landlord/Tenant**
  - 3. Family Law**
- ✓ **4.92%** of family member respondents have been incarcerated.



# MENTAL HEALTH

## Mental Health

Respondents' Stress Zone in the Past Month Prior to Taking the Survey

STRESS ZONE	VETERANS	SERVICE MEMBERS	FAMILY MEMBERS
LOW (no crisis and stress is manageable)	55.67%	36.6%	53.02%
MILD (trouble sleeping, relationship problems, irritable)	37.23%	47.06%	40.63%
MODERATE (panic attacks, self-harm, heavy substance use)	6.44%	11.76%	5.93%
SEVERE (danger to self or others)	0.65%	4.58%	0.43%

## Veteran Respondents

- ✓ **19.89%** of veteran respondents rate their mental health as fair, and **5.87%** rate their mental health as poor.
- ✓ **8.5%** of veterans reported that they have little interest or pleasure in doing things more than half the days, another **5.57%** reported feeling this nearly every day.
- ✓ **6.54%** of veterans reported that they feel down, depressed, or hopeless more than half the days, another **3.79%** reported feeling this nearly every day.

- ✓ **34.82%** of veterans reported mental health concerns, and **18.31%** are currently seeking mental health care.
- ✓ **26.81%** of veteran respondents reported that someone close to them has recommended that they seek mental health care at least once.
- ✓ The 3 most common reasons veteran respondents with a mental health issue are not seeking care:
  - 1. Don't think it would help**
  - 2. Concern about being diagnosed with a mental health issue**
  - 3. Time**

## Veteran Respondents cont.

- ✓ **5.2%** of veteran respondents had experienced moderate to severe stress (orange or red on the stress continuum) in the week prior to the survey.
- ✓ **45.24%** of veteran respondents know of at least one number to call to get help right away.
- ✓ **8.35%** of veteran respondents reported experiencing Military Sexual Trauma during their military service.
- ✓ **20.89%** of veteran respondents reported knowing one or more service members who experienced Military Sexual Trauma.
- ✓ **22%** of veterans responded to this question (**n=1,289**). These veteran respondents reported experiencing the following behavior by friends or family: physically hurt them (**25.99%**), insulted or talked down to them (**92.01%**), and threatened them with harm (**25.99%**).
- ✓ **13.57%** of veteran respondents had thoughts of suicide.
- ✓ **2.84%** of veteran respondents have attempted suicide.
- ✓ **61.84%** of veteran respondents know someone who has died by suicide.

## Service Member Respondents

- ✓ **20%** of service member respondents rate their mental health as fair, and **3.24%** rate their mental health as poor.
- ✓ **8.11%** of service members reported that they have little interest or pleasure in doing things more than half the days, another **3.24%** reported feeling this nearly every day.
- ✓ **13.11%** of service members reported that they feel down, depressed, or hopeless more than half the days, another **3.83%** reported feeling this nearly every day.
- ✓ **32.06%** of service members reported mental health concerns, and **14.67%** are currently seeking mental health care.
- ✓ **42.62%** of service member respondents reported that someone close to them has recommended that they seek mental health care at least once.
- ✓ The 3 most common reasons service member respondents with a mental health issue are not seeking care:
  - 1. Access**
  - 2. Concern about being diagnosed with a mental health issue**
  - 3. Cost**
- ✓ **12.58%** of service member respondents had experienced moderate to severe stress (orange or red on the stress continuum) in the week prior to the survey.
- ✓ **59.72%** of service member respondents know of at least one number to call to get help right away.

# MENTAL HEALTH

## Service Member Respondents cont.

- ✓ **16.67%** of service member respondents reported experiencing Military Sexual Trauma during their military service.
- ✓ **44%** of service member respondents reported knowing one or more service members who experienced Military Sexual Trauma.
- ✓ **26%** of service members responded to this question (**n=58**). These service member respondents reported experiencing the following behavior by friends or family: physically hurt them (**39.66%**), insulted or talked down to them (**68.97%**), and threatened them with harm (**15.52%**).
- ✓ **13.16%** of service member respondents had thoughts of suicide.
- ✓ **8%** of service member respondents have attempted suicide.
- ✓ **68.83%** of service member respondents know someone who has died by suicide.

## Family Member Respondents

- ✓ **17.44%** of family member respondents rate their mental health as fair, and **3.23%** rate their mental health as poor.
- ✓ **5%** of family members reported that they have little interest or pleasure in doing things more than half the days, another **3.6%** reported feeling this nearly every day.

- ✓ **4.55%** of family members reported that they feel down, depressed, or hopeless more than half the days, another **2.89%** reported feeling this nearly every day.
- ✓ **36.58%** of family members reported mental health concerns, and **14.65%** are currently seeking mental health care.
- ✓ **31.96%** of family member respondents reported that someone close to them has recommended that they seek mental health care at least once.
- ✓ The 3 most common reasons family member respondents with a mental health issue are not seeking care:
  - 1. Time**
  - 2. Access**
  - 3. Cost**
- ✓ **5.17%** of family member respondents had experienced moderate to severe stress (orange or red on the stress continuum) in the week prior to the survey.
- ✓ **45.42%** of family member respondents know of at least one number to call to get help right away.
- ✓ **15.11%** of family member respondents reported knowing one or more service members who experienced Military Sexual Trauma.

## Family Member Respondents cont.

- ✓ **29%** of family members responded to this question (**n=405**). These family member respondents reported experiencing the following behavior by friends or family: physically hurt them (**33.58%**), insulted or talked down to them (**91.85%**), and threatened them with harm (**28.89%**).
- ✓ **12.07%** of family member respondents had thoughts of suicide.
- ✓ **2.51%** of family member respondents have attempted suicide.
- ✓ **56.25%** of family member respondents know someone who has died by suicide.



# SUBSTANCE USE

## Veteran Respondents

- ✓ Veteran respondents reported use of the following substances within the last 6 months: alcohol (**85.36%**), nicotine (cigarettes, vape, chewing tobacco, etc.) (**26.22%**), marijuana (**17.32%**), heroin (**0.73%**), cocaine (**1.31%**), methamphetamines (**1.24%**), LSD or other hallucinogens (**0.83%**), ecstasy (**0.35%**), and synthetic drugs (**0.48%**).
- ✓ **59.74%** of veteran respondents reported having been prescribed opioids.
- ✓ **6.09%** of veteran respondents reported having used prescription medications in a way that was different from how it was prescribed.
- ✓ **4.61%** of veteran respondents reported receiving substance use treatment in the past, **1.77%** are currently in treatment, and **0.9%** need treatment but are not currently receiving it.
- ✓ The top 3 most common treatment or recovery programs that veteran respondents are currently in to manage substance use are:
  1. **12 Steps or abstinence based therapy**
  2. **Psychotherapy/counseling (e.g., Cognitive Behavioral Therapy)**
  3. **Peer support groups**

## Service Member Respondents

- ✓ Service member respondents reported use of the following substances within the last 6 months, alcohol (**69.52%**), nicotine (cigarettes, vape, chewing tobacco, etc.) (**37.14%**), marijuana (**15.24%**), heroin (**8.57%**), cocaine (**9.52%**), methamphetamines (**6.67%**), LSD or other hallucinogens (**6.67%**), ecstasy (**5.71%**), and synthetic drugs (**5.71%**).
- ✓ **46.94%** of service member respondents reported having been prescribed opioids.
- ✓ **16.67%** of service member respondents reported having used prescription medications in a way that was different from how it was prescribed.
- ✓ **8.78%** of service member respondents reported receiving substance use treatment in the past, **9.46%** are currently in treatment, and **8.11%** need treatment but are not currently receiving it.
- ✓ The top 3 most common treatment or recovery programs that service member respondents are currently in to manage substance use are:
  1. **12 Steps or abstinence based therapy (Tie)**
  2. **Medication assisted treatment (Methadone, Suboxone, Vivitrol) (Tie)**
  3. **Peer support groups**

# SUBSTANCE USE

## Family Member Respondents

- ✓ Family member respondents reported use of the following substances within the last 6 months, alcohol (**85.66%**), nicotine (cigarettes, vape, chewing tobacco, etc.) (**28.86%**), marijuana (**17.5%**), heroin (**0.74%**), cocaine (**1.12%**), methamphetamines (**1.49%**), LSD or other hallucinogens (**0.93%**), ecstasy (**0%**), and synthetic drugs (**0.37%**).
- ✓ **46.51%** of family member respondents reported having been prescribed opioids.
- ✓ **6.67%** of family member respondents reported having used prescription medications in a way that was different from how it was prescribed.
- ✓ **2.08%** of family member respondents reported receiving substance use treatment in the past, **1.64%** are currently in treatment, and **1.75%** need treatment but are not currently receiving it.
- ✓ The top 3 most common treatment or recovery programs that family member respondents are currently in to manage substance use are:
  - 1. Medication assisted treatment (Methadone, Suboxone, Vivitrol)**
  - 2. 12 Steps or abstinence based therapy**
  - 3. Psychotherapy/counseling (e.g., Cognitive Behavioral Therapy)**





# PHYSICAL HEALTH

## Veteran Respondents

- ✓ **26.72%** of veteran respondents rate their physical health as fair, and **5.65%** rate their physical health as poor.
- ✓ **8.85%** of veteran respondents reported that they do not receive regular medical care as needed.
- ✓ **31.9%** of veteran respondents reported that they often experience pain, another **32.91%** reported that they always experience pain.
- ✓ Nearly 3 in 5 (**58.6%**) veteran respondents report having or having concerns about injuries and/or disabilities.
- ✓ **60%** of veterans responded to this question (**n=3,429**). Of these veteran respondents, **70.46%** reported having a line of duty injury sustained while in the military.
- ✓ **60%** of veterans responded to this question (**n=3,460**). Of these veteran respondents, **84.54%** have a disability documented by a medical professional.
- ✓ **12.19%** of veteran respondents reported that they are on social security disability.
- ✓ **56.54%** of veteran respondents self identify as having visible/invisible wounds or injuries.
- ✓ **74.66%** of veteran respondents have a VA service connected disability rating.

## Service Member Respondents

- ✓ **19.15%** of service member respondents rate their physical health as fair, and **3.19%** rate their physical health as poor.
- ✓ **14.92%** of service member respondents reported that they do not receive regular medical care as needed.
- ✓ **32.05%** of service member respondents reported that they often experience pain, another **19.23%** reported that they always experience pain.
- ✓ Nearly 2 in 5 (**38.05%**) service member respondents report having/having concerns about injuries or disabilities.
- ✓ **35%** of service members responded to this question (**n=78**). Of these service member respondents **80.77%** reported having a line of duty injury sustained while in the military.
- ✓ **34%** of service members responded to this question (**n=77**). Of these service member respondents **62.34%** have a disability documented by a medical professional.
- ✓ **32.47%** of service member respondents reported that they are on social security disability.
- ✓ **60%** of service member respondents self identify as having visible/invisible wounds or injuries.
- ✓ **54.55%** of service member respondents have a VA service connected disability rating.

# PHYSICAL HEALTH

## Family Member Respondents

- ✓ **18.35%** of family member respondents rate their physical health as fair, and **3.04%** rate their physical health as poor.
- ✓ **10.76%** of family member respondents reported that they do not receive regular medical care as needed.
- ✓ **34.74%** of family member respondents reported that they often experience pain, another **25.82%** reported that they always experience pain.
- ✓ **15.74%** of family member respondents report having or having concerns about injuries and/or disabilities.
- ✓ **15%** of family members responded to this question (**n=212**). Of these family member respondents **61.32%** have a disability documented by a medical professional.
- ✓ **14.02%** of family member respondents reported that they are on social security disability.
- ✓ **42.65%** of family member respondents self identify as having visible/invisible wounds or injuries.

# SPIRITUALITY

## Veteran Respondents

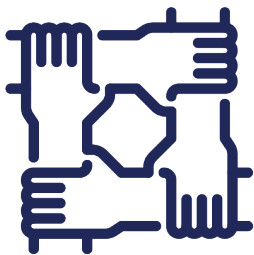
- ✓ **34.92%** of veteran respondents reported spirituality is a great deal a source of strength and comfort, and **36.61%** responded that spirituality is somewhat a source of strength and comfort.

## Service Member Respondents

- ✓ **30.57%** of service member respondents reported spirituality is a great deal a source of strength and comfort, and **42.04%** responded that spirituality is somewhat a source of strength and comfort.

## Family Member Respondents

- ✓ **44.82%** of family member respondents reported spirituality is a great deal a source of strength and comfort, and **33.57%** responded that spirituality is somewhat a source of strength and comfort.



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For more information, please visit: [www.ConnectVeterans.org/survey](http://www.ConnectVeterans.org/survey)  
or email [survey@arizonacoalition.org](mailto:survey@arizonacoalition.org).

## Intended Use or Application

The intended use of this survey is to inform, educate, and promote quality information regarding the service member, veteran, and family member community. This data may be used in grant proposals or to support funding or donation requests. Data may also be used to inform legislators and leaders on policy decisions and to form workgroups associated with different social determinants of health. The Arizona Coalition for Military Families is available to provide technical assistance and hold meetings/gatherings to address specific regional or statewide topic areas of concern. For more information, visit [www.ConnectVeterans.org/survey](http://www.ConnectVeterans.org/survey) or email [survey@arizonacoalition.org](mailto:survey@arizonacoalition.org).