

# **Navigating Finances**

Be Connected is on a mission to connect every Arizona service member, veteran & their families to support and resources. Call and connect today!

866-4AZ-VETS

Ecosystem of Support: Areas of Focus > Finances & Benefits





Healthy habits with personal finances are built slowly over time by making a series of small, but important decisions such as cutting back unnecessary expenses, investing, and avoiding excessive fees and interest charges.



#### Plan It Out

Map your financial future by creating a financial plan. Where are you now and where do you want to be financially? Be specific with your salary, property, savings, investments, debts, and sources of income.



Financial issues will not go away if they are ignored. They may even get worse over time. Acknowledge and rectify financial problems right away with the help of trusted sources.



### **Realistic Budget**

Now that you know where you are and where you want to be, creating a realistic monthly budget can be an eye-opening experience to know how much extra income you have or need to achieve your long-term financial plan.



Invest in your own financial education by learning financial management skills such as budgeting, money management and saving for future expenses.



#### Consolidate, Cut & Save

Scrutinize every dollar that is leaving your bank account as an expense. What subscriptions or costs can you cut? Can you consolidate debt into a lower interest rate loan? Do you have an emergency fund that you're regularly contributing to?



Start now to secure your financial future by creating multiple ways to develop financial security. These may include investing, saving, working a side job or second job, reducing and even sharing living expenses.



#### We Can Help

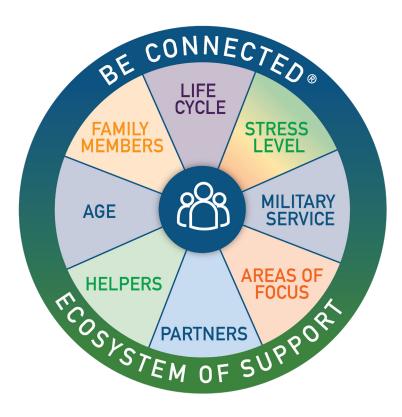
Call 866-4AZ-VETS (866-429-8387) to talk with our skilled, trained staff who can help you develop a healthy relationship with your personal finances.

Rev Sep 2022









## The Be Connected® **Ecosystem of Support**

We're on a mission to connect every Arizona service member, veteran & their family members to support and resources for wellness, employment, benefits and more! We achieve this mission through our Be Connected Ecosystem of Support. This unified network of people, organizations and communities is accessed through our support line: 866-4AZ-VETS (866-429-8387).

### **Total Support**

The Be Connected Ecosystem of Support offers a holistic approach to ensure that service members, veterans and their families receive the care and support they deserve. Everyone in our community has a role to play in to ensure that any door they enter is a gateway to a welcoming, supportive and helpful space.

Areas of Focus - Be Connected focuses on all of the social determinants of health, by connecting service members, veterans & family members to support and resources.

Partners – We deliver services and support through our unified, statewide, interconnected partner network, enabling us to maximize our collective impact.

Helpers - Helpers play a key role in engaging and connecting people and families to the resources and support they need, when they need it.

Military Service - We're here for all service members and veterans - regardless of branch, component, length/era of service and discharge status.

Stress Level - Our upstream approach means support is available across the stress levels, with a goal of earlier intervention.

Life Cycle - Be Connected offers resources throughout the military life cycle, from the start of service to separation and beyond.

Family Members - Every family member matters to Be Connected and our team is here for you with support and connection to resources.

Age - As your needs change and evolve throughout your life, Be Connected is here for you. Reach out to our team today for personalized support.