

Be Connected is on a mission to connect every Arizona service member, veteran & their families to support and resources. Call and connect today!

866-4AZ-VETS

Ecosystem of Support: Areas of Focus
> Finances



Your Place in Today's Workforce

Whether you're in a job that doesn't use your entire skillset, recently became unemployed or want to re-enter the workforce – today's job market is more complex than ever to navigate. The use of technology for screening applicants, competition among candidates and a sometimes impersonal system means that you have a limited window to make a strong impression as the ideal candidate. Many factors influence how quickly people find employment, including the current job climate and economy, and the availability of open positions in your chosen field.

- ✓ Talking through the incident that caused the estrangement or the issues that made the relationship difficult is an important part to healing. You can do this with the help of a therapist or by talking with friends or other family members.
- ✓ To prevent family estrangement from arising, dedicate family time to help strengthen family bonds. Creating a consistent time and space where the members of the family sit down and talk, play board games, watch movies, go hiking, etc. can be invaluable in a busy world. There are professionals who specialize in family dynamics to help.
- ✓ Creating a positive mechanism to cope with stress that arises from family relationships. Make time for a hobby or enjoy something special that eases your mind such as yoga, spending time outdoors, reading or riding a bicycle.



Plan It Out

Map your financial future by creating a financial plan. Where are you now and where do you want to be financially? Be specific with your salary, property, savings, investments, debts and sources of income.



Realistic Budget

Now that you know where you are and where you want to be, creating a realistic monthly budget can be an eye opening experience to know how much extra income you have or need to achieve your longer term financial plan.



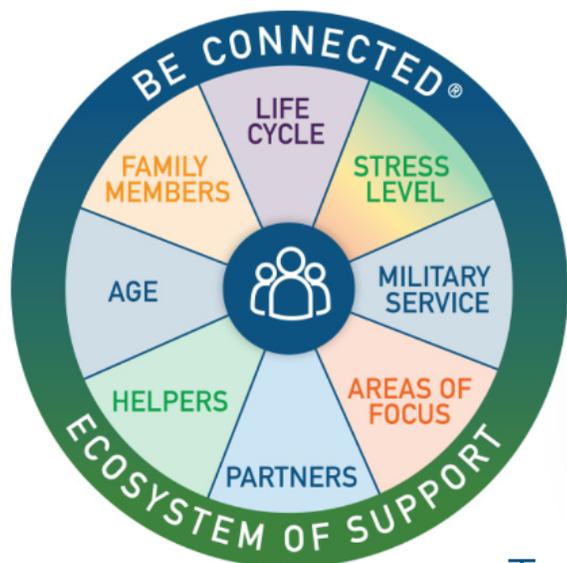
Consolidate, Cut & Save

Scrutinize every dollar that is leaving your bank account as an expense. What subscriptions or costs can you cut? Can you consolidate debt into a lower interest rate loan? Do you have an emergency fund that you're regularly contributing to?



We Can Help

Call 866-4AZ-VETS (429-8387) to talk with our skilled, trained staff who can help with a conversation and sharing additional resources to help you develop a healthy relationship with your personal finances. We can help you, at no cost, navigate the resources that are available to best fit your situation.



The Be Connected® Ecosystem of Support

We're on a mission to connect every Arizona service member, veteran & their family members to support and resources for wellness, employment, benefits and more! We achieve this mission through our Be Connected Ecosystem of Support. This unified network of people, organizations and communities is accessed through our support line: 866-4AZ-VETS (866-429-8387).

Total Support

The Be Connected Ecosystem of Support offers a holistic approach to ensure that service members, veterans and their families receive the care and support they deserve. Everyone in our community has a role to play in to ensure that any door they enter is a gateway to a welcoming, supportive and helpful space.

Areas of Focus - Be Connected focuses on all of the social determinants of health, by connecting service members, veterans & family members to support and resources.

Stress Level - Our upstream approach means support is available across the stress levels, with a goal of earlier intervention.

Partners - We deliver services and support through our unified, statewide, interconnected partner network, enabling us to maximize our collective impact.

Life Cycle - Be Connected offers resources throughout the military life cycle, from the start of service to separation and beyond.

Helpers - Helpers play a key role in engaging and connecting people and families to the resources and support they need, when they need it.

Family Members - Every family member matters to Be Connected and our team is here for you with support and connection to resources.

Military Service - We're here for all service members and veterans – regardless of branch, component, length/era of service and discharge status.

Age - As your needs change and evolve throughout your life, Be Connected is here for you. Reach out to our team today for personalized support.